IN THE CLAIMS:

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Please amend claims 1, 6, 9, 10 and 11 as follows:

LISTING OF CURRENT CLAIMS

Claim 1. (Currently Amended) Swimming goggles comprising:

a left frame and a right frame connected together, the left and the right frames respectively having an outer surface and an inner surface, receiving passages being defined between the outer surfaces and inner surfaces of the left and the right frames for accommodating eyeglasses, engaging portions being respectively formed on outward sides of the left frame and the right frame, each engaging portion defining at least a one receiving hole therein;

at least an one adjusting apparatus assembled to the at least one receiving holes, hole, and each adjusting apparatus including:

a base and a cover respectively having upper and lower sides, first latches formed on the upper and lower sides of the base, and second latches formed on the upper and lower sides of the cover for cooperating with the first latches, ribs being formed on the base for cooperating with the receiving holes of the left frame and the right frame, the base defining a shaft hole adjacent to a side thereof for receiving a shaft, an inlet being defined in the base beside the shaft, the shaft and the cover defining an outlet beside the shaft when the cover is assembled to the base,

a biasing arm between the base and the cover, and having a biasing end at an end thereof,

operating buttons between the base and the cover, each operating button having an end <u>extending</u> slightly beyond sides of the cover, and an unlocking blocks <u>block</u> at <u>an</u> opposite end and adjacent the biasing arm, and

a flexible arcuate plate assembled between the operating button and the biasing arm, and said plate having an end connecting with sides of the operating buttons, and an opposite end connecting with an end of the biasing arm opposite to the biasing end for providing return force; and

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head fasteners assembled from the inlet, around the shaft and out of the outlet, a plurality of stopping slots being defined therein for engaging the biasing ends of the biasing arms;

wherein the biasing arms engage stopping slots of the head fasteners such that the head fasteners move in a single direction when the operating buttons are free; the biasing arms disengage stopping slots of the head fasteners such that the head fasteners move freely through the inlets and the outlets when the operating buttons are pressed.

Claim 2. (Original) The swimming goggle as claimed in claim 1, wherein the operating buttons are distributed substantially symmetric about the biasing arm for easily controlling the biasing arm.

Claim 3. (Original) The swimming goggle as claimed in claim 1, wherein the flexible arcuate plates further define positioning holes beside the biasing arms, and the bases further define positioning posts for engaging with the positioning holes.

Claim 4. (Original) The swimming goggle as claimed in claim 1, wherein a nose support is integrated with the left frame and the right frame and connects the left frame with the right frame.

Claim 5. (Original) The swimming goggle as claimed in claim 1, wherein a nose support engages with the left frame and the right frame and connects the left frame with the right frame.

Claim 6. (Currently Amended) The swimming goggle as claimed in claim 1, wherein a pad is integrated with the inner surface of the left and the right frames to provide comfortable touch comfort for a user.

Claim 7. (Original) The swimming goggle as claimed in claim 1, wherein pads respectively connect with the inner surfaces of the left and the right frames.

Claim 8. (Original) The swimming goggle as claimed in claim 1, wherein the first latches are inclined on the upper and lower sides of the base, and the second latches inwardly extend from the upper and lower sides of the cover, cutouts are defined in edges of the first latches and adjacent the base for engaging with the second latches.

Claim 9. (Currently Amended) The swimming goggle as claimed in claim 1, wherein the unlocking block <u>is positioned</u> at an end thereof and adjacent the biasing arm.

Claim 10. (Currently Amended) The swimming goggle as claimed in claim 1, wherein each of the at least one receiving hole are has a rectangular with equal distance in the engaging portion shape for receiving a corresponding each one of the at least one adjusting apparatus.

Claim 11. (Currently Amended) The swimming goggle as claimed in claim 1, wherein the unlocking blocks form inclined surfaces for facilitating to drive movement of the biasing arm.